



◆ THIS WEEK'S FEATURE

Alleviating Discomfort: The Integrative Approach to Postoperative Pain

If you are recovering from a surgical procedure, you know that discomfort and distress can be an unexpected hurdle in your journey back to full health.

[READ THE FULL ARTICLE](#)

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Postoperative pain is a complex challenge that can result from tissue trauma, inflammation, or nerve damage.

While conventional treatments often rely on medications to mask symptoms, these can come with adverse side effects.

At Las Vegas Integrative Medicine, we believe in treating the root cause of your concerns. We combine the precision of Traditional Chinese Medicine with the investigative depth of Naturopathic Medicine to provide a complete, drug-free solution.

◆ FROM OUR BLOG

The Power of Integrative Care

By combining acupuncture with supportive protocols, we provide an integrated approach to your postoperative wellness:

◆ KEY HIGHLIGHTS

- **Acupuncture – Modulating Pain & Inflammation:** It stimulates acupuncture points to promote the flow of Qi and blood, naturally alleviating stiffness and reducing the need for opioid pain medications.
- **Targeted Healing – Functional Analysis:** We go beyond surface-level symptoms, working collaboratively with your healthcare providers to optimize recovery outcomes and minimize complications.

• **The Emotional Connection – Reducing Stress:** Both our acupuncture and supportive modalities promote relaxation, lowering the anxiety and tension associated with the surgical experience.

Acupuncture and Naturopathic care don't just manage symptoms; they support your long-term recovery. By integrating these holistic approaches into your postoperative plan, you can enhance your overall well-being and return to the life you love.

READ MORE ON OUR BLOG

◆ OUR PRACTITIONERS

Meet Your Care Team

Our licensed acupuncturists and naturopathic doctors are here to guide your healing journey with expertise, compassion, and personalized care.



Dr. Yoojin Lee - Sedera, N.D.,
O.M.D.



Dr. Rachel Ong, N.D.,
O.M.D.



Dr. Alex Kong,
O.M.D.

◆ BEGIN YOUR HEALING JOURNEY

Ready to Address the Root Cause?

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ALL SERVICES

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